

IN2SPORT Discipline and Positive Behaviour Policy

Positive Behaviour is a necessary part of the provisions we make at IN2SPORT to create and maintain an orderly working environment in which all members of IN2SPORT feel safe and secure.

Aims of our Positive Behaviour Policy

- To promote a calm, purposeful and happy atmosphere within sessions
- To foster positive, caring attitudes towards everyone where achievements at all levels are valued
- To encourage increasing independence and self-discipline so that each child learns to accept responsibility for their own behaviour
- To have a consistent approach to behaviour throughout the company with school and parental co-operation and involvement
- To raise children's self-esteem
- To provide clear boundaries for acceptable behaviour to ensure physical and emotional safety
- To help children, coaches and parents have a sense of direction and a feeling of common purpose.

Teaching Positive Behaviour

At IN2SPORT we believe that positive behaviour in children stems from learning the core skills and abilities. These core skills and abilities are:-

- Independence and organisation
- Self-image and self-esteem
- Motivation
- Reflection and self-control
- Attention
- Perseverance
- Fairness
- Co-operation with adults
- Collaboration with other children
- Sociability
- Empathy
- Honesty
- Respect for self and others.

We believe that all IN2SPORT coaches have a responsibility to actively help children develop these core skills and abilities. They can be taught throughout sessions by:-

- Coaches modeling the skills and abilities directly
- Setting appropriate boundaries for children's behaviour
- Showing empathy and understanding of children
- Listening to children
- Showing respect and understanding to everyone in the IN2SPORT community
- Providing feedback in an informative way to children
- Using positive consequences to encourage the learning of appropriate behaviour
- Using negative consequences to discourage the learning of inappropriate behaviour

Rules

IN2SPORTS Five key rules are:-

WE ARE HONEST

WE ARE KIND, CARING AND HELPFUL

WE LOOK AFTER PROPERTY

WE LISTEN AND WORK HARD

WE KEEP OURSELVES SAFE

Responsibilities

Coaches Responsibilities

- To treat all children fairly and with respect
- To help all children to develop their full potential
- To create a safe and pleasant environment both physically and emotionally
- To use positive and negative consequences clearly and consistently
- To be a good role model
- To form positive relationships with school staff, parents and children
- To recognise and value the strengths of all children

Children's Responsibilities

- To do their best,
- To contribute to their own learning,
- To treat other people with respect,
- To treat their belongings and the environment with care and respect,
- To show consideration for others,
- To consider the effects of their actions on others.

Positive Consequences (Rewards)

At IN2SPORT we believe that children should be encouraged to behave well and work hard. We use a number of positive consequences to do so. Whilst our aim is that children should work and behave well for the pleasure of the task, we recognise that rewards are sometimes necessary and appropriate. We use the following positive rewards:-

- Non-verbal rewards such as a thumbs up sign or a smile,
- Praise,
- Feedback to teachers and to the head teacher,
- Certificates,
- IN2SPORT star of the week,

We believe it is essential that all children are able to receive positive encouragement and have a fair chance to enjoy the positive rewards listed. Children's success, both in their work and behaviour should be measured against their previous performance rather than against that of other children in the session.

Negative Consequences (Sanctions)

In order to discourage children from behaving badly we believe it is important to teach them positive behaviours. If a child misbehaves the coach should ask them to stop the behaviour and should discuss the incident with all those involved. Coaches should encourage the children to try to resolve disputes themselves and to take responsibility for their own actions.

At IN2SPORT we do this via a system of logical consequences designed to teach children that there is a consequence to inappropriate behaviour.

We have listed inappropriate behaviours and a range of negative consequences which may be used, as deemed necessary.

Behaviours

Low level	Moderate Level	Serious Level
<ul style="list-style-type: none"> • Fidgeting / fiddling • Telling tales • Noisy eg shouting • Failing to keep on task • Unkind remarks • Bad language (one off) • Time wasting • Telling lies • Pushing in line • Borrowing without permission <p>Any persistence low levels would move into moderate level</p>	<ul style="list-style-type: none"> • Consistently shouting out • Poor effort • Distracting others • Fighting • Disregarding coaches • Threatening / aggressive behaviour • Refusal to co operate <p>Repeated incidents of any moderate behaviours would move into serious level</p>	<ul style="list-style-type: none"> • Serious assault • Serious physical / verbal threats made to coaches or children • Violent outbursts, verbal /physical • Racist incidents • Serious jeopardisation of the individuals/ coaches/other childrens safety

Sanctions / Procedures

Low Level	Moderate Level	Serious Level
<p>Strike 1 is given</p> <p>Plus: Frown Verbal Withdrawing attention Repeat activity properly Reward others</p>	<p>Strike 2 is given</p> <p>Plus: Loss of privileges Sit out Involve parents/ headteacher</p>	<p>Strike 3 is given</p> <p>Plus: Involve parents/ headteacher Fixed term exclusion Permanent exclusion</p>

Involving Parents

We encourage parents to take an active part in our IN2SPORT environment. We believe this is essential to establishing trusting relationships which allow us to work together in partnership to teach all children positive behaviour.

Evaluation

The effectiveness of the policy will be measured by:-

- A reduction in the number of children being sent to the Head teacher;
- Fewer incidents of disruption in sessions

The policy will be reviewed annually following evaluation by IN2SPORT directors.